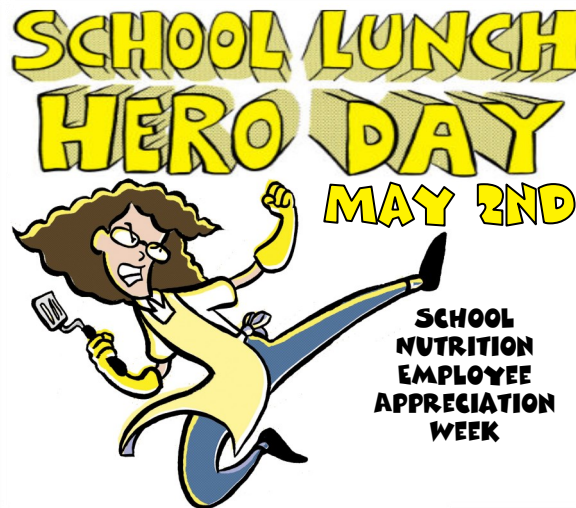




This institution is an equal opportunity provider.
Menus are subject to change.



Thursday, May 1

Breakfast

WG Breakfast Egg & Cheese
Taco
Milk and Fruit

Lunch

Teriyaki Chicken &
Steamed Brown Rice
Green Beans
Milk and Fruit

Snack

WG Rice Krispies Treat
Low-Fat Milk

Friday, May 2

Breakfast

WG Breakfast Bar
Milk and Fruit

Lunch

Chicken (Reg/Spicy) Sandwich
Crinkle Cut Fries
Milk and Fruit

Snack

WG Jungle Crackers
Low-Fat Milk



Monday, May 5

Breakfast

WG Ham & Cheese Croissant
Sandwich
Milk and Fruit

Lunch

WG Bean & Cheese Burrito
or WG Beef Taco Stick
Yellow Corn
Milk and Fruit

Snack

WG Giant Cinnamon Goldfish
Low-Fat Milk

Tuesday, May 6

Breakfast

WG Pizza Bagel
Milk and Fruit

Lunch

WG Cheese Stuffed Sticks w/
Marinara Sauce Dunk Cups
Baby Carrots & Ranch
Milk and Fruit

Snack

WG Giant Goldfish Graham
Low-Fat Milk

Wednesday, May 7

Breakfast

Eggs & Hash Browns
Milk and Fruit

Lunch

WG Galaxy Pizza Rounds
Mixed Green Salad
Milk and Fruit

Snack

WG Vanilla Bites
Orange Juice

Thursday, May 8

Breakfast

WG Mini Apple Bites
Milk and Fruit

Lunch

WG Penne Pasta & Chicken w/
Marinara Sauce
Green Beans
Milk and Fruit

Snack

WG Cheez-Its
Low-Fat Milk

Friday, May 9

Breakfast

WG French Toast Sticks
Milk and Fruit

Lunch

WG Chicken Tenders
w/ WG Goldfish
Potato Smiles
Milk and Fruit

Snack

Roasted Sunflower Seeds
Low-Fat Milk

Queen
for a
Day!



Mother's Day ♡ Sunday, May 11

Monday, May 12

Breakfast

WG Blueberry or Banana
Muffin
Milk and Fruit

Lunch

WG Cheeseburger Twin Buddies
Yellow Corn
Milk and Fruit

Snack

WG Cheetos Puffs
Low-Fat Milk

Tuesday, May 13

Breakfast

WG Mini Pancakes
Or Manager's Choice
Milk and Fruit

Lunch

WG Chicken or Cheese Quesadilla
Baby Carrots & Ranch
Milk and Fruit

Snack

WG Belly Bear Grahams
Low-Fat Milk

Wednesday, May 14

Breakfast

WG Honey Bun
Milk and Fruit

Lunch

Domino's or Papa John's Pizza
Mixed Green Salad
Milk and Fruit

Snack

String Cheese & Goldfish
Pretzels
Apple Juice

Thursday, May 15

Breakfast

WG Waffle Sticks
Milk and Fruit

Lunch

Teriyaki Beef Dippers &
Steamed Brown Rice
Green Beans
Milk and Fruit

Snack

WG Scooby Doo Sticks
Low-Fat Milk

Friday, May 16

Breakfast

WG Ultimate Breakfast Bar
Milk and Fruit

Lunch

Ham and Cheese Bagel Sandwich
or Manager's Choice
Crinkle Cut Fries
Milk and Fruit

Snack

WG Jungle Crackers
Low-Fat Milk

Monday, May 19

Breakfast
WG Pizza Bagel
Milk and Fruit

Lunch
WG Corn Dog or Hot Dog
Yellow Corn
Milk and Fruit

Snack
WG Giant Cinnamon Goldfish
Low-Fat Milk

Tuesday, May 20

Breakfast
"GSD-baked" WG Cinnamon
Rolls
Milk and Fruit

Lunch
RiBBq on WG Hoagie
Baby Carrots & Ranch
Milk and Fruit

Snack
WG Cheez-Its
Low-Fat Milk

Wednesday, May 21

Breakfast
WG Pan Dulce Concha or
"Berry Overnight Oats"
Milk and Fruit

Lunch
WG Pepperoni or Cheese
Calzone
Mixed Green Salad
Milk & Fruit

Snack
Sunbutter Cups & Sliced Apples
Orange Juice

Thursday, May 22

Breakfast
WG French Toast Sticks
Milk and Fruit

Lunch
WG Penne Pasta & Meat Sauce
Green Beans
Milk and Fruit

Snack
WG Cinnamon Crumble
Low-Fat Milk

Friday, May 23

Breakfast
Pancakes & Sausage on a Stick
Milk and Fruit

Lunch
Popcorn Chicken & WG Biscuit
Or Manager's Choice
Tater Tots
Milk and Fruit

Snack
WG Maple Waffle Graham
Low-Fat Milk

Monday, May 26



MEMORIAL DAY
NO SCHOOL TODAY

Tuesday, May 27

Breakfast
Breakfast Sausage Sandwich
Milk and Fruit

Lunch
WG Bean & Cheese Burrito
or WG Beef Taco Stick
Baby Carrots & Ranch
Milk and Fruit

Snack
WG Rainbow Goldfish
Low-Fat Milk

Wednesday, May 28

Breakfast
WG Apple Bites
Milk and Fruit

Lunch
Domino's or Papa John's Pizza
Mixed Green Salad
Milk and Fruit

Snack
String Cheese & WG Crackers
Apple Juice

Thursday, May 29

Breakfast
WG Breakfast Burrito
Milk and Fruit

Lunch
Mandarin Orange Chicken &
Steamed Brown Rice
Green Beans
Milk and Fruit

Snack
WG Rice Krispies Treat
Low-Fat Milk

Friday, May 30

Breakfast
WG Ultimate Breakfast Bar
Milk and Fruit

Lunch
Chicken (Reg/Spicy) Sandwich
Crinkle Cut Fries
Milk and Fruit

Snack
WG Jungle Crackers
Low-Fat Milk

Monday, June 2

Breakfast
WG Pancake Bites
Milk and Fruit

Lunch
Chicken "Drum-day" Monday
w/ Garlic Texas Toast
Yellow Corn
Milk and Fruit

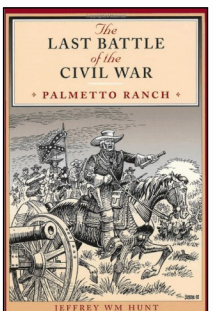
Snack
Roasted Sunflower Seeds
Low-Fat Milk

**Word
of the
Month**

con·fi·dence

n. 1. Trust or faith in a person or thing 2. self-assurance; a strong and justified belief in one's self and one's abilities, without arrogance

★ OUR NATION'S HISTORY ★



The Last Battle of the Civil War: Palmetto Ranch, by Jeffrey W. Hunt

The American Civil war did not end in April 1865 with General Lee's surrender to General Grant in Virginia. A larger Confederate army surrendered in North Carolina several weeks later. And the final battle of the bloodiest war in American history didn't take place until May 1865, 150 years ago this month, at Palmetto Ranch, Texas, near the Mexican border. Ironically, this last engagement was a victory for the Confederate forces despite their losing the war!

★ WITH LIBERTY & JUSTICE FOR ALL ★

***** REMINDER TO ALL PARENTS & STUDENTS *****

A COMPLETE Breakfast or Lunch Meal must be selected by the student to be considered FREE \$0.00!

Take at least
3
One must be a fruit

BREAKFAST

A COMPLETE BREAKFAST INCLUDES:

Take
3-5
One must be a fruit or veggie

LUNCH

A COMPLETE LUNCH INCLUDES:

Student A La Carte
Menu Item Prices for SY 24-25
Main Entrée (Breakfast) = \$2.00
Main Entrée (Lunch) = \$3.50
Fruit/Vegetable/Juice = \$.75
Milk = \$.50

NUTRITION TO GO

OK, parents. Here's your homework for the summer: set a good example for your kids during their time off from school by modeling good nutrition behavior for them. Buy and eat more fresh fruits and veggies, and cut back on your own snacking on foods that are high in fat, sodium, and sugar.

A QUICK BITE FOR PARENTS